



# *National Championships*

ENDURO

# TECHNICAL GUIDE

01 -02 AUGUST 2026  
ISLE OF MAN

LLOYDS NATIONAL ENDURO & E-ENDURO  
CHAMPIONSHIPS 2026 - POWERED BY CYCLE 360





# GENERAL INFORMATION

### DATE

01 - 02 August 2026

### EVENT ORGANISER

Manx MTB Enduro

Ben Collins

+44 7624 488048

manxmtbenduro@gmail.com

www.manxmtbenduro.com

### BRITISH CYCLING CONTACT

Rick Clarkson

+44 7834 098191

richardclarkson@britishcycling.org.uk

### EVENT LOCATION

Central Valley & Plantations (St John's area)

Tynwald Hill Inn,

Main Road,

St John's

Isle of Man

IM4 3NA

### RACE CLASSES - OPEN

Juvenile Open

Youth Open

Junior Open

Senior Open

Master 30 Open

Master 40 Open

Master 50 Open

Master 60 Open

E-MTB U40 Open

E-MTB M40 Open

E-MTB M50 Open

E-MTB M60 Open

### RACE CLASSES - FEMALE

Juvenile Girls

Youth Girls

Junior Women

Senior Women

Master 30 Women

Master 40 Women

Master 50 Women

Master 60 Women

E-MTB U40 Women

E-MTB M40 Women

E-MTB M50 Women

E-MTB M60 Women

### EVENT CLASSIFICATION

CN - National Championships

### ELIGIBILITY

- Categories are aligned with British Cycling technical regulations
- A valid British Cycling membership and race licence is required to be eligible for championship categories
- Junior rider must have parental consent

# REGISTRATION

## ENTRY FEE

Youth and Junior - £40.00

Senior - £45.00

## REGISTRATION

Advance entry only is via the British Cycling website - [www.britishcycling.org.uk](http://www.britishcycling.org.uk)

The closing date for entries is **24 JULY @ 23:55**

Riders are required to sign in at event registration. Please bring your 2026 race licence with you, either in digital form or as a physical card. Note that British Cycling (BC) membership alone does not count as a valid race licence.

# TIMING

## TIMING

MANX MTB will be the timing provider using SPORTident hardware.

- The timing chip (SIAC) goes on your wrist, not your bike, and you have to ride through the start tent/arch at your start time to initiate the SIAC.
- SIAC is worn on the right wrist – no GPS device on the same wrist
- Live stage times will be available during the Race – mobile signal permitting
- At the end of the day, riders must come to the Timing Tent so that their SIAC can be downloaded. You will receive a split print showing all your stage times
- SIACs are handed in when you have finished racing. If you decide not to race on Sunday, you must come to the Registration Tent to hand in your SIAC
- There is a charge of £60 for any SIAC not handed in by the end of Sunday
- The results are provisional until ratified and have Commissaire oversight

# OFFICIALS

## RACE OFFICIALS

|                      |                             |
|----------------------|-----------------------------|
| Event Director       | Benjamin Collins            |
| Course Director      | Stephen Collins             |
| Chief Marshal        | Robin Simpson Green         |
| Assistant Timekeeper | Matthew Ward                |
| Chief Medic          | Jack Black-Leigh            |
| Welfare Officer      | Lorna Carron (07624 431822) |

|                     |                  |
|---------------------|------------------|
| Chief Commissaire   | Kelvin Hoy       |
| Member of the Panel | Andrea Lockhart  |
| Member of the Panel | David Kennington |
| Member of the Panel | Steve Honeybone  |

## MEDICAL PROVISION

Event Fire and Medical Services Ltd - EFMS  
Port Erin  
Isle of Man  
+44 7624 497498  
efms@manx.net

## NEAREST HOSPITAL

Nobles Hospital  
Strang Road  
Braddan  
IM4 4RJ

## MEDIA / PRESS

All media personnel should contact the organiser prior to arriving onsite. We ask that the rules and regulations are adhered to at all times and that you make yourself aware of exclusion zones and wear any identifying items provided by the organisers whilst by or near the course.

Official media will be required to present their public liability insurance certificate before being issued with a media vest, which must be worn at all times.

Photographers are to respect the course at all times and having a media vest does not allow additional access to areas defined as a "Safety Zone" or "B-Zones".

Photographers are not permitted in any exclusions zones and may be asked to leave if this is not adhered to.



# KEY EVENT LOCATIONS & FACILITIES

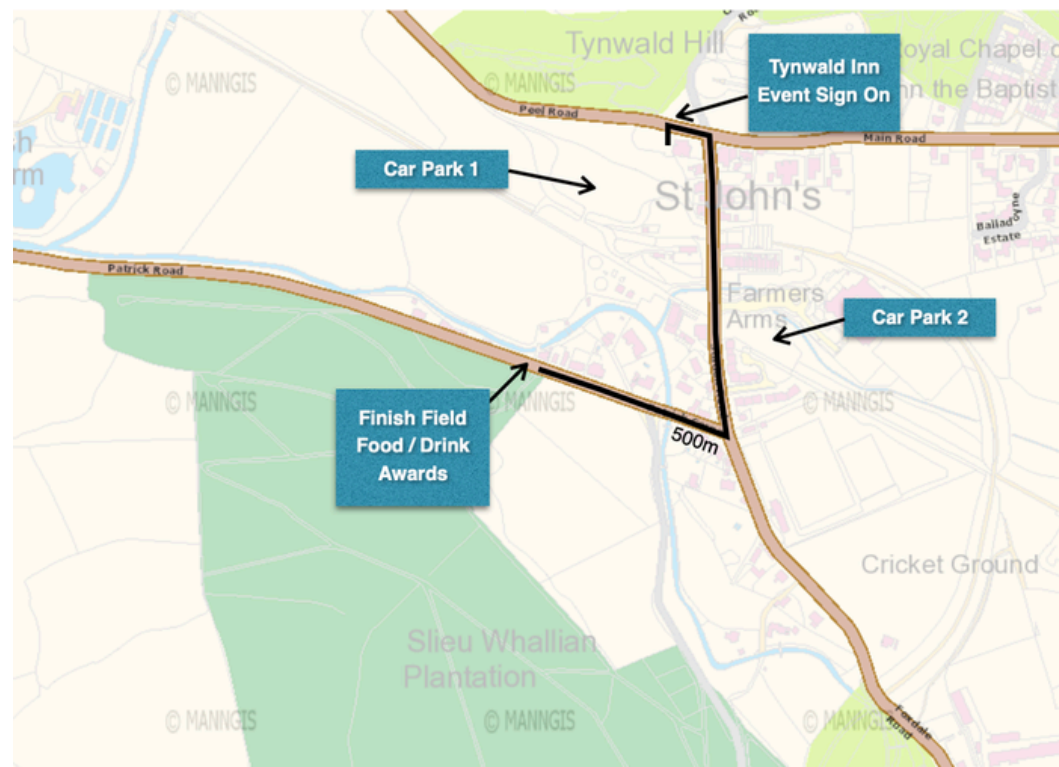
## WHAT 3 WORDS

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## EVENT HQ

The event HQ services and finish field are 500m apart

- Event HQ services - Pub, Shop, Toilets, Parking
- Parking as shown on map
- Food and drink available in the village
- No alcohol sales outside licenced premises
- Chicken burrito's and refreshments are included in the entry fee at the finish



# TRAVEL & ACCOMMODATION

## ISLE OF MAN TRAVEL

Ferry services are available from Liverpool, Heysham and Belfast

Flights are available from multiple UK airports

Early booking strongly recommended.

There is no on-site camping at the event HQ

Peel campsite is a 10 minute ride from HQ

### **Peel Campsite**

Derby Road

Peel

Isle of Man

IM5 1RG

There are plenty of hotels, guest houses and self catering apartments available locally that can be found using the usual searches online.

# SCHEDULE

|                    |                                                                               |                                                                                                                                                                                                                                         |
|--------------------|-------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Thursday 30 July   | 08h00 - 18h00                                                                 | Course set up and marking                                                                                                                                                                                                               |
| Friday 31 July     | 17h00 - 19h00                                                                 | Registration -Tynwald Hill Inn                                                                                                                                                                                                          |
| Saturday 01 August | 10h00 - 11h20<br>11h30 - 13h30<br>13h30 - 16h00<br>16h30<br>17h30             | TRAINING - Kings Forest (One stage)<br>TRAINING - Arrasey (Two stages)<br>TRAINING - Slieau (Three stages)<br>Timed seeding run - Slieau<br>All riders report to event HQ for timing download                                           |
| Sunday 02 August   | 09h00<br>10h00<br>10h30<br>11h15<br>12h15<br>13h15<br>14h00<br>14h30<br>15h00 | Event HQ open<br>Mandatory rider briefing / racing commences<br>Stage 1 open<br>Stage 2 open<br>Stage 3 open<br>Stage 4 open<br>Stage 5 open<br>Course closes following sweep confirmation<br>Prize presentations at event finish field |

TIMES WILL RUN AS CLOSE TO THOSE PUBLISHED BUT CAN BE SUBJECT TO CHANGE. PLEASE LISTEN FOR ANNOUNCEMENTS AT THE EVENT.



# EVENT FORMAT AND REGULATIONS

- Multi-stage Enduro format
- 6 timed stages
- Untimed liaison transitions
- Riders must complete the course within the allocated time and order
- 4.5 hour time limit
- Seeded start times
- Seeding run counts to the overall time
- Riders must wear a helmet at all times, including transitions. A full face helmet is recommended
- Bikes must be compliant with British Cycling Technical Regulations
- Riders are responsible for ensuring all bikes and equipment are fit for purpose
- **Riders must self-propel during transitions between stages, and are not permitted to have outside assistance. Any rider found to be shuttling will be subject to a penalty or disqualification.**

## E-BIKE INFORMATION

- E-Bikes must be compliant with British Cycling technical regulations
- E-Bikes may be checked / scrutineered at any time during the event.
- Only riders competing in E-Bike categories may use E-Bikes in practice. Riders competing on regular pedal bikes must practise on regular pedal bikes prior to competition.
- Each participant must complete the form below in order to take part in the British Cycling National Championships

## E-EDR DRIVE UNIT QUESTIONNAIRE

# EVENT FORMAT AND REGULATIONS

- UCI points will be awarded to riders who are aged 17 and over who hold a valid racing licence. The UCI points are awarded in relation to the riders time and not their category

| PLACE | POINTS |
|-------|--------|
| 1     | 100    |
| 2     | 90     |
| 3     | 70     |
| 4     | 60     |
| 5     | 50     |
| 6     | 40     |
| 7     | 30     |
| 8     | 20     |
| 9     | 10     |
| 10    | 5      |

# COURSE INFORMATION



Total Distance = 34k



Total Elevation = 1,200m

**Stage 0** (Seed Run) - 1.2km - Wizards Sleeve, Slieau Whallian - Starts mellow, short pedal, into steep, including rocky chutes and loose shale hairpins, finishing with a big drop over a fire road into the finish field.

**Stage 1** - 1.1km - Bear Ass, Slieau Whallian - A very short pedal straight into some big rock slabs, then a short climb to more slab and onto a few switchbacks. A steep section moving into some great flow, a very steep rideable drop across the fire road, with some fun flow to finish.

**Stage 2** - 1.8km - Kingcouver, Kings Forest - Quite a big pedal out by the fence, then it's steep physical slabs and rocks all the way to the bottom. The most technical and physical stage of the event.

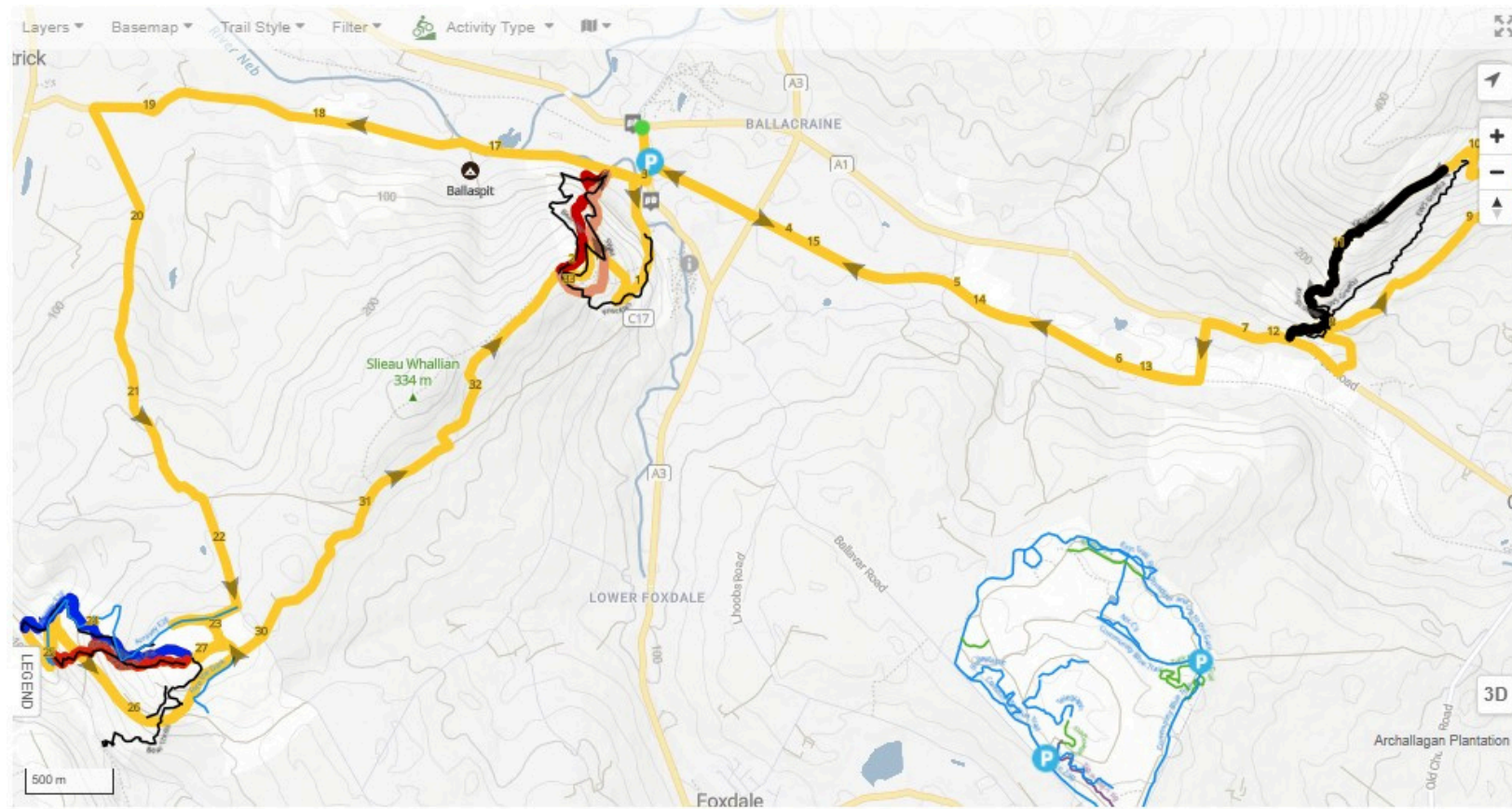
**Stage 3** - 1.2km - End 2 End, Arrasey Plantation - Flat pedal out on the narrow path, a few cool berms, another flat pedal into a few jumps, then a fast section onto a steep drop in, fun turns with extra roots to the finish.

**Stage 4** - 1km - Quarryline, Arrasey Plantation - Flat narrow pedal to start, a few log jumps, then descend into the quarry, one road crossing into a fun steep section all the way to the finish.

**Stage 5** - 1km - Witches Tit, Slieau Whallian - Short pedal into a few tight turns, opens up to a short uphill pedal, gets dark under the thick tree canopy, fast and narrow, descends into chaos corners, over the fire road, another steep long left-hander, short dig up hill then fast all the way to the finish line.

# COURSE INFORMATION

## DETAILED MAPS AND GPX FILES





# PRIZES & AWARDS

National Championship medals and jerseys will be awarded as per the British Cycling Technical regulations (M9) and as follows:

| AGE CATEGORY | NUMBER OF ENTRIES | MEDALS                  | JERSEY |
|--------------|-------------------|-------------------------|--------|
| Under-12     | 3 or more         | Gold, silver and bronze | Winner |
| Juvenile     |                   |                         |        |
| Youth        |                   |                         |        |
| Junior       | 1                 | Gold                    | Winner |
| Under-23     | 4 or more         | Gold, silver and bronze | Winner |
| Senior       |                   |                         |        |
| Master 30    |                   |                         |        |
| Master 40    | 2                 | Gold and silver         | Winner |
| Master 50    | 1                 | Gold                    | Winner |
| Master 60+   |                   |                         |        |
| Master 70+   |                   |                         |        |

The headline event sponsor, Cycle 360 will be providing the prizes from a host of their supported brands, including helmets, clothing, tools, cleaning products, fitness computers and much more.

The prize presentation takes place at approximately 1500 on Sunday, 2nd August in the finish field in St John's.

# SPECTATOR INFORMATION

Spectator safety is of paramount importance at the Enduro National Championships

Watching a live Enduro event is a thrilling experience and there are very few sports where you as a spectator can get this close to the action.

British Cycling and the organiser strive to keep all spectators safe from harm but all spectators are responsible for their own personal safety.



**SECURITY ZONES**

Security zones are for rider, spectator and photographer safety.

**DO NOT CROSS TAPE**  
Do not risk yourself or others

**Always**

- ✓ Keep out of taped areas
- ✓ Keep security zones clear
- ✓ Watch children and dogs
- ✓ Follow race officials' instructions

**Never**

- ✗ Enter a security zone
- ✗ Spectate on outside of corners
- ✗ Lean over the tape into the course
- ✗ Move or alter any part of the course

**Failure to comply may stop racing**

### Here are some pointers to help spectators stay safe while watching a live event

- Be responsible and keep your own safety in mind
- Always follow and obey marshal's instructions – there are there to keep you safe and not to spoil your fun
- Observe and follow all event signs
- Do not cross or enter taped areas
- Stay within the designated spectator areas
- Do not enter any restricted areas. If you are unsure, please ask a marshal
- Keep off the track and always pay attention
- Keep dogs on a lead at all times
- Do not alter, move or disturb any part of the course
- Children to be accompanied at all times
- Never stand on the outside of a corner or berm
- Stand above the track, rather than below
- Do not abuse alcohol or consume any illegal drugs
- Glass bottles are prohibited at or near the race course or uplift route
- Take your litter home
- Expect the unexpected

### Remember

- Riders may run wide on corners
- Riders may take lines close to the tape
- Riders may overshoot jumps and drops
- Riders occasionally over-estimate their ability and things go wrong
- Bikes throw up dirt and stones
- Mechanical issues may force a rider to leave the course



LLOYDS



BRITISH  
CYCLING

# ***National Championships***

ENDURO



ASTON  
INTERNATIONAL  
— since 1979 —

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