



## FINAL INSTRUCTIONS TO ALL RIDERS:

Route Map	Published on our website, emailed and link on our Facebook page
Registration	Sunday 7th August from <b>9am</b> at The Hub, Food Park, Peel
Rider Briefing	Sunday 7th August at <b>09:50am</b>
Practice	Sunday 7th August from <b>10am</b> to <b>11:30am</b>
Racing	Sunday 7th August at <b>12pm</b>
GC Time	<b>6</b> minutes approximately
Maximum Time Limit	<b>2</b> hours - After which point a <b>5</b> second penalty imposed for every minute you are late back
Field Consolidation	N/A
Parking	House of Manannan & Peel Quay
Course	<b>3</b> stages - One attempt at each stage permitted
Protective Clothing	Crash helmet must be worn at all times. Knee pads are recommended
Timing Card	Failure to return your SIAC after the event will result in a £60 charge
Starting Order	Riders will be set off from the event centre in groups of 3, leaving every minute. The starting order will be on display at sign on.

## Manx MTB Enduro - Round 3 Enduro

Starting procedures	Stages must be ridden in the order specified on the route map. Set off leaving a minimum gap of <b>20 seconds</b> between each rider at the start of every stage. Stay 6m away from the start beacons before you are ready to race.
Results	Will be live as riders finish and published online later that day.
E-Bikes	Only factory e-bikes allowed. No "chipped" bikes. If you are caught on a modified bike then you will be disqualified.
Awards & Prizes	Approx. Sunday <b>2pm</b> or when the last rider is back at the event HQ
Bike	If you are racing on a regular bike you must practice on a regular bike (Not an E-Bike)
Refreshments	Beef burrito and beer (18+) included in entry fee
W&C	Peel Food Park
First Aid	Event first aid provided by St John Ambulance Service. In the event of an emergency call 488048
Contact	<a href="http://www.manxmtbenduro.com">www.manxmtbenduro.com</a> Facebook: Manx MTB Enduro Official telephone: 07624 488048

**Please park sensibly!**