



## FINAL INSTRUCTIONS TO ALL RIDERS:

|                     |                                                                                                                                      |
|---------------------|--------------------------------------------------------------------------------------------------------------------------------------|
| Route               | On our website                                                                                                                       |
| Registration        | Sunday 27th Sept from <b>9am</b> at Limitless Cycles bike shop, Ramsey                                                               |
| Rider Briefing      | Sunday 27th Sept at <b>09:50am</b>                                                                                                   |
| Racing              | Sunday 27th Sept from <b>10:00am</b>                                                                                                 |
| Practice            | Saturday 26th Sept - Unsupervised                                                                                                    |
| GC Time             | <b>13</b> minutes approximately                                                                                                      |
| Maximum Time Limit  | <b>4</b> hours - After which point a <b>5</b> second penalty imposed for every minute you are late back                              |
| Field Consolidation | N/A                                                                                                                                  |
| Parking             | Limitless Cycles, Ramsey                                                                                                             |
| Course              | <b>5</b> stages Normal Bike<br><b>5</b> stages E-Bike<br>One attempt at each stage permitted                                         |
| Protective Clothing | Crash helmet must be worn at all times. Knee pads are recommended                                                                    |
| Timing Card         | Failure to return your SIAC after the event will result in a £60 charge                                                              |
| Starting Order      | Riders will be set off from the event centre in groups of 3, leaving every minute. The starting order will be on display at sign on. |

## Manx MTB Enduro - Round 2 - Ramsey

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|---------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Starting procedures | Stages must be ridden in the order specified on the route map. Set off leaving a minimum gap of <b>20 seconds</b> between each rider at the start of every stage. Stay 6m away from the start beacons before you are ready to race. |
| Results             | Will be live as riders finish and published online later that day.                                                                                                                                                                  |
| E-Bikes             | Only factory e-bikes allowed. No "chipped" bikes. If you are caught on a modified bike then you will be disqualified.                                                                                                               |
| Awards & Prizes     | Approx. Sunday <b>2pm</b> or when the last rider is back at the event HQ                                                                                                                                                            |
| Bike                | If you are racing on a regular bike you must practice on a regular bike (Not an E-Bike)                                                                                                                                             |
| Refreshments        | TBC                                                                                                                                                                                                                                 |
| W&C                 | Limitless Cycles                                                                                                                                                                                                                    |
| First Aid           | Event first aid provided. In the event of an emergency call 481628                                                                                                                                                                  |
| Contact             | <a href="http://www.manxmtbenduro.com">www.manxmtbenduro.com</a><br><a href="mailto:manxmtbenduro@manx.net">manxmtbenduro@manx.net</a><br>Official telephone: 07624 481628<br>Medic: 07624 497498                                   |

**Bring a change of clothes, and please park sensibly!**